

## **GfA Competition Programme Summer 2016**

**The Jean Brown Arena, Redbridge Sports Centre, Forest Road, Barkingside, IG6 3HD** Weekend One: 25<sup>th</sup> & 26<sup>th</sup> June 2016

Weekend Two: 9<sup>th</sup> & 10<sup>th</sup> July 2016

### Table of contents

### Venue (PAGE 2)

- Directions
- Parking
- Tickets

### Event Personnel: (PAGE 3)

- The competition organiser
- The Head of Judging Panels
- Medical provision
- Welfare Officer
- Announcer

### **Technical information (PAGES 3 & 4)**

- Clubs
- Supervising coaches
- Assisting coaches
- Gymnasts
- Judges
- Equipment specifications
- Judges meeting
- Coaches meeting
- Gymnast registration
- Tariff sheets / score sheets
- Music
- BG Photography Policy

### Competition details (PAGES 5 – 13)

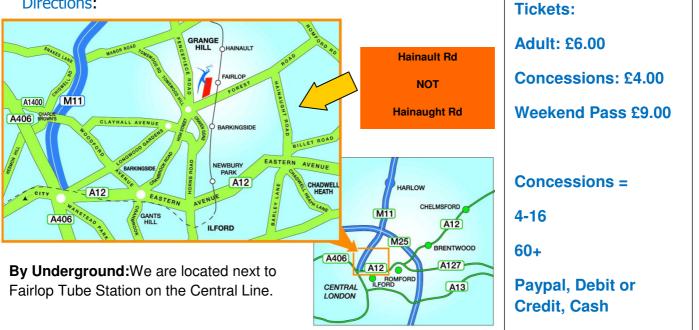
- Competition timings
- Gymnast's attire
- Coaches' attire
- Judges attire
- Electronic communications
- Inquiries and protests
- Tie breaks
- Scoring and results
- Presentation ceremony and awards
- Categories
- Judging Panels

### Appendices (PAGES 16 – 17)

Letter for parents /guardians Please email or print and give to parents where necessary. (Parents Information Booklet is available online) GfA Judges Charter

### Venue information

### Venue title: The Jean Brown Arena, Redbridge Sports Centre, Forest Road, Barkingside, IG6 3HD



Directions:

From the M11: At the end of the M11, take the left hand fork towards The City and A12. Take the first exit and at the roundabout at the end of the slip road take the first exit onto Redbridge Lane East. Go across several mini roundabouts and, when coming to a large one, go straight over into Longwood Gardens. Continue along Longwood Gardens (over some more mini roundabouts!) until you get to another slightly larger one. Turn right at this roundabout into Fremantle Road. At the traffic lights, turn left into Barkingside High Street. Carry on down until you reach the main roundabout. Take the third exit into Forest Road. The Centre is about 100 yards up on the left hand side just before the railway bridge.

From the North Circular Eastbound: Take the A1400 exit off the North Circular (just before the M11). At the roundabout take the 2<sup>nd</sup> exit towards Southend and the A127. Go over a set of pedestrian lights and at the next set of lights take the left hand turn into Clayhall Avenue. Go straight up Clayhall and at the roundabout go straight over (effectively the first exit.) At the traffic lights turn left into Barkingside High Street. At the next roundabout take the third exit into Forest Road.



**Ample FREE** parking is available.



On arrival at the Centre follow the road below PAST the first sports centre (red van pictured in photograph). The competition venue is the silver building top left. The Jean Brown Arena competition venue is pictured RIGHT. Please enter through the glass doors at the front and follow directions. London event staff (turquoise polo shirts) will be able to direct you.

### Event Personnel:

The competition organiser:		Name: Catherine Bates			
Judging Convenor:		Name: Julie Ewenson			
Medical provision:		e a first aider present during the event. The first contacted through the Control desk.			
Welfare Officer; welfare officer may		a welfare officer on duty during the event. The through the competition organiser			
Name: Dawn Lockyer					
Announcer:	Johnson	Name: Mr Brian Stocks, Kira Keller & Beth			
Technical information	on				
Clubs:	Must be BG r	egistered, LG affiliated			
Supervising coache		a current paid Gold BG membership, Current BG & minimum level 2 qualification.			
Assisting coaches:		Irrent silver BG membership, DBS, SPCA & el 1 qualification.			
		ting coaches must be coaching within their alification and be supervised by a Level 2 coach.			
Gymnasts:	Must have cu	irrent BG membership			
Judges:	Judges requi judging quali	re a current minimum Bronze BG membership & fication			
Equipment encelfier		the competition rules			

Equipment specifications: *As in the competition rules* 

Judges meeting: There will be a judges meeting at **08:30am each day**.

Coaches meeting There will be a coaches meeting **briefly prior to each competition.** 

Gymnast registration: Registration for gymnasts is via online screens in the warm up area. Photographs are taken at this point (for display on the arena screens) so please ensure gymnasts are competition ready. The registration is open all day. For the first round coaches will register the gymnasts. For all other rounds gymnasts can register on arrival with their parents.

Tariff sheetsCan be handed in at registration if you choose but are NOT a<br/>requirement.

Music:Via Bg gymnet upload by 10th June 2016Coaches should bring a back- up CD, ipod, mp3 player with<br/>music to the event,

### **BG/LG Photo Policy:**

By entering an LG event, there is an acceptance that the participants may be photographed and the photograph may be published in LG communications. Any person wishing to use video, film, or take photographs must abide by the BG 'Photography at Events' Policy. (<u>www.british-gymnastics.org</u>) Photos may only be taken for personal use. You may not take photos for sale, other commercial use, or publications in printed or electronic form, such as on websites. Clubs may publish some photos of their own gymnasts, but this may only be done in accordance with BG 'Child Protection' Policy

Flash may not be used at any time whilst gymnasts are warming up or competing. Any concerns about any photographer or the suitability of any photos being taken should be reported to the Welfare Officer at the event.

Nominated coaches must not take photos or videos, whilst in the arena, with the exception of during presentations. Coaches who are spectators are covered by the same rulings as parents/guardians.

### WEEK ONE: 25th & 26th June 2016

By 8:15 am Coaches must have arrived to welcome gymnasts From 8:20 am Gymnasts & Spectators will be allowed entry At 8:30 am our Judges meeting will commence

SATURDAY 25th JUNE Round ONE Warm Up 8:30 Competition 9:00 Finish 11:45	SATURDAY 25th JUNE Round TWO Warm Up 11:00 Competition 11:45 Finish 14:00 JUDGES LUNCH 13:15
SATURDAY 25th JUNE Round THREE Warm Up 13:15 Competition 14:00 Finish 16:30 JUDGES BREAK 15:45	SATURDAY 25th JUNE Round FOUR Warm Up 15:45 Competition 16:30 Finish 19:00
SUNDAY 26th JUNE Round FIVE Warm Up 8:30 Competition 9:00 Finish 11:30	SUNDAY 26th JUNE Round SIX Warm Up 10:45 Competition 11:30 Finish 14:00 JUDGES LUNCH 13:15
SUNDAY 26th JUNE Round SEVEN Warm Up 13:15 Competition 14:00	SUNDAY 26th JUNE Round EIGHT Warm Up 15:45 Competition 16:30

### WEEK TWO: 9th & 10th July 2016

By 8:15 am Coaches must have arrived to welcome gymnasts From 8:20 am Gymnasts & Spectators will be allowed entry At 8:30 am our Judges meeting will commence

SATURDAY 9th JULY Round ONE Warm Up 8:30 Competition 9:00 Finish 11:30	SATURDAY 9th JULY Round TWO Warm Up 10:45 Competition 11:30 Finish 13:50 JUDGES LUNCH 13:05
SATURDAY 9th JULY Round THREE Warm Up 13:05 Competition 13:50 Finish 16:10 JUDGES BREAK 15:25	SATURDAY 9th JULY Round FOUR Warm Up 15:25 Competition 16:10 Finish 18:40
SUNDAY 10th JULY Round FIVE Warm Up 8:30 Competition 9:00 Finish 11:20	SUNDAY 10th JULY Round SIX Warm Up 10:35 Competition 11:20 Finish 13:40 JUDGES LUNCH12:55

**Gymnast's attire:** Gymnasts must march on in competition attire/ club tracksuits. Long hair must be tied up.

Girls: Appropriately fitting, long or sleveless leotard, tight fitting shorts can be worn, gymnastics shoes may be worn

Boys: Appropriately fitting Sleeveless leotard and gymnastics shorts, gymnastics shoes may be worn

Jewellery, body piercing and similar adornments are not allowed

Coach's attire: In line with BG regulations, coaches must wear club tracksuit or polo shirt, t -shirt and long track bottoms. Footwear should be clean trainers or socks. Coaches will not be allowed on the floor if wearing inappropriate clothing or jewellery and their gymnasts may be removed if an alternative coach is not present. Long hair must be tied back and bags should not be held whilst coaching.

Chewing gum is not permitted at anytime.

Judges attire:Judges and officials must wear *black/blue* suits, skirts or<br/>trousers with jackets and white shirts with black smart shoes.<br/>Please see Judges Charter in Appendix.

#### Electronic communications:

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the arena during the event.

#### Inquiries and protests

A coach may only inquire about the difficulty score, in accordance with the principles of the FIG code of points. Inquiries can be made only for a coaches' own gymnast. Please go to the Control desk where you will be able to collect a form. Full details of the appeals procedure can be found in the rule book. Tie breaks: In the event of a tied score, there will be no tie-break and tied gymnasts will have the same ranking. Scoring and results: Scores will be shown after each performance on the big screens in the arena. A printed receipt with the score will be available for coaches. This can be collected from the table next to the Control desk. Scores will be published on the LG website. During the day please get live updates of scores via www.gymdata.co.uk

Categories: Gymnasts are split into groups so they are competing with others of a similar age. The age splits can be seen on the grids for each level for this series of competitions. The codes refer to Level first eg BL for Blue, then Gender eg G for girls then a number with 1 being the oldest category and the highest number being the youngest gymnasts in a category. Most groups have between 18 and 26 gymnasts

### Presentation ceremony and awards:

All gymnasts must be present for the presentation ceremony at the end of the competition. Gymnasts and coaches participating in the presentation ceremony must march on in competition attire. A medal will be presented to the first, second and third placed competitors in all categories. Pins will be presented to gymnasts who have achieved them. All gymnasts will receive a commemorative rubber wrist band to show they competed.

Trophies will be awarded for top floor score and top vault score in each category. Ribbons will be awarded to 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> place in a category.

The Team trophies will be awarded at the Final Round of that level. White & Blue Level (top 8 Scores), Bronze & Silver Level (top 6 Scores) & Gold Level (top 4 Scores).

Coaches should remain seated the presentation, you may take photographs but please aware that the Event photographers also have a job to do and cannot be held up from taking the official shots. Gymnasts should be reminded to sit sensibly during presentation. At the end of presentation gymnasts must follow the line back to the gymnast seating area. The next competition starts immediately so coaches should not take gymnasts out of the line. Please ensure children are safely returned to parents / guardians at the end of the round, through the external double doors. You will be instructed when to do this.

Please ensure you are aware of the dismissal document.

# **COACHES**



## **Important: Gymnast Dismissal**

The following procedure has been put in place to ensure that gymnasts are taken from the arena and reunited with their parents safely & without delay.



Gymnasts must have a small bag (with shoes & tracksuit) in the gymnasts seating area in the arena.



After medals gymnasts march in lines to the seating area to put on their trainers & tracksuit.



Coaches to supervise gymnasts putting trainers & tracksuit on quickly and quietly.



Strictly NO PHOTOS to be taken after the medal presentation within the arena. The next competition will be starting immediately.



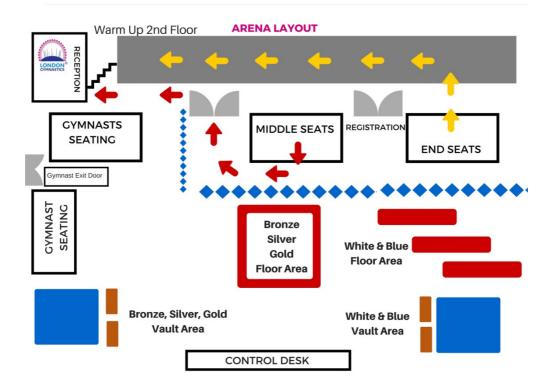
Marshalls will direct gymnasts in lines, supervised by coaches to the cupboard exit. Please follow their instructions.



Club coaches are responsible for handing the gymnasts back to their parents via the cupboard exit.

# Please ensure that you follow these rules to avoid unnecessary delay to the competition.





Panel	JUDGING PANELS Saturday 25th June						
		Head Floor Judge:			Head Vault Judge:		
	Katie Griffin				Lauren Murdock		
		Blue Floor (Girls)				ault (Girls)	
	J1	Anita	Merrick	J1	Julia	Bartlett	
А	J2	Megan	Bradshaw-Smith	J2	Katie	Fitzgibbon	
	Blue Floor (Girls)				ault (Girls)		
	J1	Bejna	Askin	J1	Reanna	Varinda	
В	J2	Shawnee	Listead	J2	Claire	Headman	
	Blue Floor (R1-3)		Blue Vault (R1-3				
	14		(R4) Girls	14		(R4) Girls	
C	J1	Audra	Welch	J1	Emma	Shuttlewood	
С	J2	Sereece	Martin	J2	OL Dod V	Dunkling ault Judge:	
			loor Judge: Ewenson			e Salim	
			Floor (Girls)			Vault (Girls)	
	J1	Billie	Kelleghar	J1	Anne	Bevis	
D	J2	Iliona	Brunyanski	J2	Chrystal	Chaplin-Walsh	
			Floor (Girls)		Bronze Vault (Girls)		
	J1	Steph	Curtis	J1	Emileigh	Day	
Е	J2	Katarzyna	Machowska	J2	Elena	Scheidegger	
			Gold (+Plus)		Silver / Gold (+Plus)		
			ys Floor		Boys Vault		
	J1	Kirsty	Lynas	J1	Milanda	Khan	
F	J2	Amie	McGranaghan	J2	Jennifer	Tang	
Panel			JUDGING PANELS Su	inday	v 26th June		
	Head Floor Judge: Head Vault Judge:				ault Judge:		
	Katie Griffin		Lauren Murdock				
		Blue F	loor (Girls)		Blue Va	ault (Girls)	
	J1	Anita	Merrick	J1	Julia	Bartlett	
А	J2	Megan	Bradshaw-Smith	J2	Katie	Fitzgibbon	
		Blue Floor (Girls)			Blue Va	ault (Girls)	
	J1	Bejna	Askin	J1	Reanna	Varinda	
В	J2	Shawnee	Listead	J2	Claire	Headman	
	Blue Floor (Girls)				ault (Girls)		
	J1	Gregory	Bragg	J1	Emma	Shuttlewood	
С	J2	Paul	Newton	J2	Jo	Dunkling	
	Head Floor Judge:				Head Vault Judge:		
	Julie Ewenson				e Salim		
	14		Floor (Girls)	14		Vault (Girls)	
	J1	Billie	Kelleghar	J1	Anne	Bevis	
D	J2	Iliona	Brunyanski	J2	Chrystal	Chaplin-Walsh	
	Bronze Floor (Girls)			Bronze Vault (Girls)			
E.	J1	Steph	Curtis	J1	Emileigh	Day	
E	J2	Katarzyna	Machowska	J2	Sharon	Newton	
	Bronze Floor (Boys R5&,6) Bronze Floor (Girls R7&8)			Bronze Vault (Boys R5&6) Bronze Floor (Girls R7&8)			
	J1			11	Claire		
	J1 J2	Kirsty Amie	Lynas McGranaghan	J1 J2	Anna	Ongley Staines	
F				1 17	AIIIId	NAILIES	

## Please see Judges Charter in Appendix.

Panel	JUDGING PANELS Saturday 9th July							
	Head Floor Judge: Katie Griffin			1	Head Vault Judge: Lauren Murdock			
	White Floor (Girls)				White Vau	ılt (Girls)		
	J1	Sereece	Martin	J1	Elena	Scheidegger		
А	J2	Elizabeth	Jones	J2	Chloe	Davies		
	White Floor (Girls)				White Vau	ılt (Girls)		
	J1	Lauren	West	J1	Abdul	Hazel		
В	J2	Reanna	Varinda	J2	Shawnee	Listead		
	White Floor (R1-3) Boys (R4) Girls			V	White Vault (R1-3) Boys (R4) Girls			
	J1	Dalila	Varinda	J1	Alexander	Lake		
С	J2	Amie	McGranaghan	J2	Holly	Wynn		
		Head Floor Ju	dge: Kirsty Lynas		Head Vault Jud	ge: Jade Salim		
		Silver Fl	oor (Girls)		Silver Vau	lt (Girls)		
	J1	Anne	Bevis	J1	Jo	Dunkling		
D	J2	Chrystal	Chaplin-Walsh	J2	Iliona	Brunyanski		
		Gold Fl	oor (Girls)		Gold Vau	lt (Girls)		
	J1	Billie	Kelleghar	J1	Zoe	Conway		
E	J2	Elizabieta	Porteiro	J2	Bejna	Askin		
	Gold Plus Floor (Girls)				Gold Plus Vault (Girls)			
	J1	Steph	Curtis	J1	Emileigh	Day		
F	J2	Kara	Salih	J2	Katarzyna	Machowska		
Panel	JUDGING PANELS Sunday 10th July							
	Head Floor Judge: Katie Griffin			Head Vault Judge: Lauren Murdock				
	White Floor (Girls)			White Vault (Girls)				
	J1	Claire	Ongley	J1	Elena	Scheidegger		
А	J2	Elizabeth	Jones	J2	Bradley	Blanchard		
		White F	loor (Girls)	White Vault (Girls)				
	J1	Lauren	West	J1	Abdul	Hazel		
В	J2	Reanna	Vanrinda	J2	Shawnee	Listead		
	White Floor (Girls)		White Vault (Girls)					
	J1	Paul	Newton	J1	Alexander	Lake		
С	J2	Amie	McGranaghan	J2	Holly	Wynn		
	Head Floor Judge: Julie Ewenson			Head Vault Judge: Jade Salim				
	Silver Floor (Girls)		Silver Vault (Girls)					
	J1	Anne	Bevis	J1	Jo	Dunkling		
D	J2	Chrystal	Chaplin-Walsh	J2	Iliona	Brunyanski		
	Silver Floor (Girls)		Silver Vault (Girls)					
	J1	Billie	Kelleghar	J1	Natalie	Reid		
E	J2	Elizabieta	Porteiro	J2	Sharon	Newton		
		Gold P	lus 3 (R5)		Gold Plus	· · ·		
	Floor Gold (R6-8) Girls			Vault Gold (	R6-8) Girls			
	J1	Steph	Curtis	J1	Emileigh	Day		
F	J2	Kara	Salih	J2	Katarzyna	Machowska		

### Warm up timetable

When going to Warm Up gymnasts MUST bring with them a small bag that can fit their shoes & clothes. This must be taken into the arena with them. No Coats or Large bags are necessary. Gymnasts will be unable to return to the Warm Up Area.

### For Round 1 & 5 Only

Coaches MUST be in the arena by 8.15am if they have gymnasts in Round 1 or 5.

There will be a large poster on the outside doors which one coach from each club must sign on arrival.

Gymnasts must enter through the external double doors, straight into the arena and this will begin at 8:20am.

We will not allow Gymnasts to enter the arena until a coach from their club is present.

Warm Up is then from 8:30 - 8:50 am. Gymnasts will then line up in the arena and go straight to their first piece. During Warm Up coaches will register their gymnasts (when asked) using the online system in the arena. Gymnasts must go with you to registration as they will have their photo taken, check their music and collect their number.

### **For All other Rounds**

On arrival gymnasts should go straight to registration (with their parent) then go to sit in the spectator seating. When it is time for warm up an announcement will be made for coaches to go to warm up on the  $2^{nd}$  Floor. After five minutes gymnasts will then be invited to go upstairs and warm up.

Each round has 15 minutes to half an hour for general stretching warm up in the warm up area. There are to be NO moves performed. Please be respectful of other competitors and share the space available.

After half an hour coaches will be asked to put their gymnasts in the appropriate line (eg panel A vault, Panel C floor indicated by signs) coaches should then leave the warm up area and go to the main arena to sit in the equipment seating and wait for the gymnasts to be marched in. For gymnasts starting on vault coaches should sit in the seating along the back wall. Those coaches who are starting who have gymnasts starting on floor should sit on the chairs next to the audience seating area.

### Vault Warm Up

All clubs MUST return the excel document with their vault heights by Friday 3<sup>rd</sup> June. Failure to do so will mean your gymnasts could have their vault height set for them. This information is vital so that we can set start lists by grouping children according to vault height. This is not set in stone so if there is a change that you need on the day please inform the marshall immediately.

Within the arena each gymnast will get 2 warm ups on vault. After presenting to the judges gymnasts will sit on benches according to their panel. Marshalls will direct the warm up according to your pre-registered vault choices. Gymnasts should also know what their vault height is. Please listen carefully to their instructions.

After they have done 2 vaults gymnasts should sit on their bench and they will be instructed when to compete. Coaches should ensure they are ready to quickly move boards during warm up and competition time, clearly show the gymnasts number to the judges, are ready for the gymnast to vault and have hands free (no bags, numbers) when gymnasts are competing.

Once one height of vault is competed then the height will be changed and the marshalls will organise the next warm up.

### Floor Warm Up: White / Blue:

After presenting to the judges gymnasts will have an opportunity to practise their floor routine on the strip mats. This will be for 3 minutes. Each panel has their own mat.

If a group is particularly large then, at the Judge's discretion, a split warm up may occur.

Once the warm up is over gymnasts will be lined up on the edge of the floor by the marshalls. They will then perform their routines for the judges in order, directed by the marshalls. Please ensure your gymnast is ready on the floor with their number clearly visible.

### **Bronze, Silver & Gold Levels:**

After presenting to the judges gymnasts on floor will get 1min 30 to warm up their routine. Each panel will get separate time, the remaining two panels should WAIT at the judges table. No flight skills should be practised at this time.

At the end of the floor warm up time (For all panels) gymnasts should go to the corner. Each gymnast will be able to perform 2 cross tumbles ONLY. This will be directed by a marshall.

Once they have done their tumbles they should go to sit in the relevant seating area on their bench even if they are the first gymnast to perform. When it is their time to perform the marshalls will bring the gymnast to the floor. The marshalls are wearing coloured t shirts which are vital to let the judges know who is performing to them. Ensure you and your gymnast remain with the marshall. Please ensure they are standing on the edge of the floor nearest to their starting position and the coach has the number clearly visible.

### **March Around**

Please ensure the gymnasts quickly line up behind their marshall when instructed. The gymnasts need to follow their marshall to get to their next piece. Please ensure all coaches remain back behind the lines until ALL the gymnasts have marched to the judges on their panel.

### Event timetable and Running Order

Please see PDF programme with Names and Rounds of each gymnast in Club order

Weekend 1 http://bit.ly/GfASummer1

Weekend 2 http://bit.ly/GfASummer2

Gymnasts groups cannot be changed on the day it is essential they arrive in time. The GfATC reserves the right to run 30 minutes ahead of time in all rounds except for Round 1 & 5.

Please ensure that any errors with spelling, level, gender or DOB are informed to the competition organiser immediately. Any corrections MUST be made on BG Gymnet first.

Free tea and coffee is available for coaches ALL day in the back of the competition arena. Hot drinks however cannot be drunk on the competition floor. Please let us know if anything runs out. Changing rooms and a café are available at the centre.

There are numerous bins around the arena, please ensure you keep all areas tidy by placing your rubbish in the bins provided.

If required ice packs will be available from the Control desk. Printed score slips will be available at the table next to the Control Desk.

Please ensure parents are given clear information on the competition. We now have a parents booklet which has all the information they could require about the event.

Our Event Staff are Volunteers and will not deal with parents who are being abusive due to clubs not informing them of the Competition Information. If there are any instances of abuse to staff then the perpetrators will be removed by our Security Staff. Please help us by ensuring your gymnast's parents are informed.

An editable letter in microsoft word is available and also the Parents Booklet on the competition page

Weekend 1 http://bit.ly/GfASummer1

Weekend 2 http://bit.ly/GfASummer2

This contains all the information that parents need and you can just adapt it to make your clubs own letter. The first page of this document (or the parents information booklet) also has a map that can be shared with parents.

# AN EDITABLE VERSION OF THIS PAGE IS AVAILABLE IN WORD ON THE COMPETITION PAGE http://bit.ly/GfASummer2

To the Parent / Guardian of:

DOB:

<u>Venue:</u> Redbridge Leisure Centre, Forrest Road, Barkingside, Essex, IG6 3HD **Please go to http://bit.ly/GfASummer2 to find directions, & map and a Parents Information Booklet which contains all you need to know about the competition**.

Your child is competing on: Saturday 25<sup>th</sup> June / Sunday 26<sup>th</sup> June / Saturday 9<sup>th</sup> July / Sunday 10<sup>th</sup> July in the White / Blue / Bronze / Silver /Gold / Platinum Level Competition in Round: **1/2/3/4/5/6/7/ 8** Please arrive at the venue at (insert time)

For Round One and Five gymnasts must enter through the external double doors where they will meet their coach. Their coach will register them.

For all other rounds, on arrival parents & gymnasts go down the long corridor and complete registration, then sit with their parents in the spectator seating (entry via Floor 1) until called to warm up.

There are signs and staff in the arena to guide you. At NO time will any parents be allowed onto the competition floor or gymnasts allowed back into the audience during a competition.

# Warm Up will be at: (insert time) Competition will be at: (insert time) Followed immediately by the Medal Presentation and will finish at: (insert time)

All times are subject to change if the programme is running early. Please note the competition will not be held up if your son / daughter does not arrive by registration time, the organisers reserve the right to begin half hour ahead of published timings except for in round one or round five. Details for gymnast dismissal can be found in the Parents Information Booklet http://bit.ly/GfASummer2

#### Gymnasts should wear: (insert clothing requirements)

#### Girls Long hair(insert directions).

Please ensure your son / daughter has a **SMALL** named bag to hold their water bottle, there should be enough room to put their shoes, socks, tracksuit in. This must remain with the gymnast at all times. No coats, food etc should be taken with gymnasts.

**Spectator tickets are £6.00 per person for the day,** £4.00 for under 16's and over 65s, under 5's go free. **Cash, Credit / Debit Card or Paypal for tickets.** Gymnasts also gain free entry on the day they are competing.

As usual we will have the London Gymnastics Shopping Mall with Zone Leotards, Photographic Synergy and NG clothing & accessories. All our Shopping Mall suppliers accept all major credit / debit cards.

Scores can be viewed LIVE on the day of the competition by going to www.gymdata.co.uk

If your child is unable to compete or has a mistake in their name or DOB please let the club know immediately. <u>There are over 1700 children competing, your child CANNOT change days or times.</u> **NO FLASH photography can be used during the competition. Parents may not contact the organiser.** 

Many thanks, (Insert name of club)

### CODE FOR LONDON GFA JUDGES - 2016

- 1. GFA Judges need to ensure attendance in good time at all competitions, they must have arrived at the competition arena in time for the judges meeting. Judges should ensure they bring with them several pens.
- Judges need to be neat and tidy, wearing appropriate clothing as officials. White shirt/blouse - short or long sleeved, (not straps, or very low-cut) Women: Black or Navy jacket and matching skirt or trousers, jeans never permitted (Skirts should not be very short, remember you are sitting down much of the time)

Men (Navy or Black blazer) either same coloured trousers or grey trousers Navy or black tie for men.

Women may wear judges scarf if they have been awarded one Men may wear the Judges tie if they have been awarded one.

Shoes, no high, narrow heels nor boots permitted. These can cause damage to floors and equipment.

Coats and other outdoor clothing should not be worn whilst judging. If there is a problem with heating in an area, refer to your Master Judge for permission to put a coat around you

- 3. Once a judge has been nominated by a club and listed on the Judges Panel they have an obligation to ensure they attend. In circumstances where this become impossible, they must inform the judges convenor at the earliest possible opportunity and also their nominating club
- 4. Judges are reminded that in their roles as officials they should not be coaching or have any personal involvement with any of the competitors on the day.
- 5. Master Judges will oversee each group of judging panels and any matter causing concern should be referred to them.
- 6. Master judges have responsibility to ensure consistency and standardisation they have the right to request judges to re-consider their marks.
- 7. If a coach tries to talk to judges, they should be told to go to the master Judge for that panel. No judge should enter into any sort of conversation with coaches unless specifically requested so to do by their Master Judge.
- 8. Judges should show respect to other judges, and to the coaches and competition officials and to the competitors at all times. No exercise should be discussed loudly.
- 9. Before leaving the competition arena at any time, permission needs to be obtained from the Master Judge for your panel.
- 10. A smile is always appreciated by the gymnasts and costs nothing

June Tatch

25<sup>th</sup> January, 2016